



## **A CHRISTMAS WORKSHOP**

### **led by Christianne Heal**

This workshop is intended to help you to plan your Christmas so that it is an enjoyable occasion. By sharing together your earlier happy experiences with others in the workshop will help you to understand how you can move towards creating a less stressful celebration!

**Date:** Sunday 5<sup>th</sup> December 2021

**Time:** 3.30 pm-6.00 pm

**Price:** £12.00

**Venue:** 32 Station Road, Waterbeach Cambridge CB25 9HT

**Phone:** 01223 861709

**Email:** [christianneheal@gmail.com](mailto:christianneheal@gmail.com)

**Book early to guarantee a place on this popular Christmas workshop!**

Please send a cheque payable to Christianne Heal at the above address by 30 November at the latest. Or pay by bank transfer. I will supply details of my account when you book.

You will need to bring pen & paper and 3 coins of different values to give away.

**Comments by participants:**

‘Thank you for the oh-so-useful & enjoyable ‘Christmas workshop’. I do hope to have a really lovely festive break’. J.

‘It enabled me to make some changes in my plans for Christmas which made it a rather happier time’. D.O

This workshop has been featured in *The Independent*, *The Sunday Express* and *The Cambridge Evening News*